

# FALL 2023-2024 TOURNAMENT TRAINING

Headed up by Brian Barker (former U.S. Pro Tour Coach of the Year and long-time coach of ATP star James Blake), TCT's Tournament Training Program is second to none in offering the most comprehensive training environment for USTA and UTR competitors. Offering the perfect balance of on-court and off-court training, this program will challenge any student's capacity to excel in all facets of the game including technique, point construction, footwork, mental toughness, winning tactics, fitness, stretching, nutrition, and more.

## TOURNAMENT TRAINING 1.0

For the elite of USTA and UTR tournament players. A high performance program for 18U/16U players who compete on a national and sectional level. Registration into this program requires an invitation, an evaluation, or a high USTA/UTR ranking.

### WEEKLY TRAINING SCHEDULE:

**TUE:** 3:30–6pm • Aug 29–Mar 12 (28 weeks)

**COST:** \$4340

(120 min. on-court & 30 min. fitness)

**THU:** 6–8pm • Aug 31–Mar 14 (27 weeks)

**COST:** \$3240

**FRI:** 4–6pm • Sept 1–Mar 15 (27 weeks)

**COST:** \$3240

(90 min. on-court & 30 min. fitness)

## TOURNAMENT TRAINING 1.5

High performance program for well established 18U/16U players who are active in USTA and UTR tournaments, in addition to playing on their high school teams.

### WEEKLY TRAINING SCHEDULE:

**MON:** 4–6pm • Aug 28–Mar 18 (27 weeks)

**COST:** \$3240

**WED:** 3–5pm • Aug 30–Mar 13 (28 weeks)

**COST:** \$3360

**WED:** 6–8pm • Aug 30–Mar 13 (28 weeks)

**COST:** \$3360

**THU:** 3–5pm • Aug 31–Mar 14 (27 weeks)

**COST:** \$3240

**FRI:** 4–6pm • Sept 1–Mar 15 (27 weeks)

**COST:** \$3240

**SAT:** 1–3pm • Sept 2–March 16 (27 weeks)

**COST:** \$3240

(90 min. on-court & 30 min. fitness)

**TT 1.0, TT 1.5: 26/27/28 weeks**

Clinics begin Aug 28 (NO clinics Sept 4, Nov 23–26, Dec 24–Jan 1)

## TOURNAMENT TRAINING 2.0

High performance program for the elite of our rising 14U and 12U players who are, or plan to, compete in USTA and UTR tournaments.

### WEEKLY TRAINING SCHEDULE:

**MON:** 6–8pm • Aug 28–Jan 29 (20 weeks)

**COST:** \$2400

**TUE:** 6–8pm • Aug 29–Jan 16 (20 weeks)

**COST:** \$2400

**WED:** 4–6pm • Aug 30–Jan 17 (20 weeks)

**COST:** \$2400

**THU:** 4–6pm • Aug 31–Jan 25 (20 weeks)

**COST:** \$2400

(90 min. on-court & 30 min. of fitness)

## TOURNAMENT TRAINING 2.5 (GREEN BALL)

A high performance program for 12U and 10U players who play on either green or orange ball. These players are aspiring to, or currently are, competing in USTA and UTR tournaments.

### WEEKLY TRAINING SCHEDULE:

**MON:** 6–7:30pm • Aug 28–Jan 29 (20 weeks)

**COST:** \$1800

**WED:** 4:30–6pm • Aug 30–Jan 17 (20 weeks)

**COST:** \$1800

(90 min. on-court, NO fitness)

**TT 2.0, TT 2.5: 20 weeks**

Clinics begin Aug 28 (NO clinics Sept 4, Nov 23–26, Dec 24–Jan 1)

## TOURNAMENT TRAINING MATCHPLAY

There is no better way to apply your skills than within organized singles and doubles play with serves! Sunday matchplay complements your child's clinics and assists in completing their training. Players are grouped by age and level to compete into simulated match situations. Each week highlights a different theme and format that helps your child gain playing experience. We recommend Sunday matchplay also for those who are new to competition and aspire to play in USTA Junior Team and Tournaments!

### SUNDAY MATCHPLAY SCHEDULE:

#### TT 1.0 & TT1.5:

SUN: 3–4:30pm • Sept 3–March 24 (27 weeks)

**COST:** \$675 w/1-day clinic

\$540 w/2-day clinics

\$405 w/3-day clinics

#### TT 2.0 & TT2.5:

SUN: 1:30–3pm • Sept 3–Feb 4 (20 weeks)

**COST:** \$500 w/1-day clinic

\$400 w/2-day clinics

## PRIVATE LESSONS

**COST (Prices effective Aug 28, 2023):**

**\$70 (30 minutes)**

**\$125 (60 minutes)**

**Semi-privates: \$70/person (60 minutes)**

**Prices do not include Brian Barker or Aaron Kusza. Please call TCT for pricing.**



**THE FUTURE OF TENNIS STARTS HERE.**

## USTA JUNIOR TEAM

TCT fields USTA Junior Teams during the Fall, Winter and Spring seasons. This is a great way for your child to represent TCT on the courts and to be a part of a team that competes against other local tennis clubs. Playing on the Junior Team is the perfect stepping stone into USTA tournaments and High School teams.

USTA membership is required and matches are on the weekends. Registration information is available at TCT prior to the start of each season.

## SPRING TOURNAMENT TRAINING 1.0/1.5 EXTENSION CLINIC

TCT offers Tournament Training for a 10-week session in the Spring for our high school players who would like to continue with additional training as the high school team season begins. This allows players consistency with coaching and players can count on it for the 10-week session while H.S. team tennis has changing variables and tough outdoor weather conditions that comes with Spring tennis.

Players may commit to the 10-week program or may choose to drop in (based on availability). TT Extension clinic will be offered in the Spring on Wednesdays and Thursdays 6–8pm.

**For further information:**

Visit [tcttennis.com](http://tcttennis.com)

Email [juniors@tcttennis.com](mailto:juniors@tcttennis.com)

Call 203.268.3030



## CLUB POLICIES

- Club is not responsible for any injuries sustained on its courts or any part of the property. A separate waiver must be signed and returned to the club before participating in TCT programs.
- Customer is responsible for the full cost of private lessons, reserved open time, USTA matches and drop in programs (ex. Point Play) if they do not cancel 24 hours in advance.
- Free court time for those currently enrolled in TCT's junior and adult clinics must be booked and played the same day and court time must be for the length of the clinic time and only free to clinic member. Does not apply to Junior Novice clinic or Adult Beginner clinic.
- No make-ups or credits for missed classes or cancellations due to inclement weather.
- **Injury Policy:** Upon receipt of a doctor's note, credit will be given for up to 3 weeks of absences for one injury per session. Doctor's note must be received within 1 week of injury. Credit will not be given for injuries beyond 3 weeks unless the player is willing to give up their spot in the clinic. If the spot is relinquished credit will be given to the end of the session. Any illnesses (including COVID-19) are not covered by credit policy.
- **Cancellation Policy:** Withdrawal or cancellation from a program after the deadline specified in the renewal letter and before the beginning of the session will result in the forfeiting of all deposit monies. If the customer cancels or drops out after the clinic start date the customer is responsible for the full cost of the clinic session.
- **Change Policy:** Changes in clinic days, times or programs at the request of the player and/or parent, will be assessed a change fee of \$150. If the change is the result of the Club management request or recommendation this change fee will not apply.

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61 MONROE TURNPIKE  
TRUMBULL, CT 06611

203.268.3030

[TCTTENNIS.COM](http://TCTTENNIS.COM)

[JUNIORS@TCTTENNIS.COM](mailto:JUNIORS@TCTTENNIS.COM)